

Editor's Note: This post will only be made available here, to the public, until January 5th 2019. After that, it will be archived inside the [Commentary / How-Tos section](#) of M4 Insider (M4i), as well as a chapter in a forthcoming co-authored book to be published in the summer of 2019.

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"Do you know how people with hoards of money get to have those hoards of money? They make some money, and then they *don't* spend it all. They keep some each time it comes in, and they use it to make more come in next time. That's how power is accumulated.

"Instead of accumulating power, most of my employees accumulate objects in their homes, or they just burn the money as it comes in, on booze and expensive sandwiches.

"What I see is people setting up their lives such that they become dependent on powerful people like me, which is exactly the opposite of how one ought to build wealth. That's why I'm The Man and they work for The Man." ~ *The Man*

Ever felt uncontrollably held-back?

Ever thought, *Why do I feel like I'm on a constant hamster wheel?* You appear to be moving forward (the illusion), but really you're just stuck in the same actuality of stagnation and gridlock.

Sometimes, I too, wonder if there's some diabolical invisible 'dark side' force constraining me from deeper achievement, grander experiences, and Jedi mastery of my innate power.

In today's fast paced and accomplishment-driven society, can we really *fight the good fight* against the nefarious social constructs designed to distract us?

"From what?," you ask.

How bout this:

From getting *past* our own Monkey-See-Monkey-Do blocks; our own lemming-mentality that causes us to mold ourselves, like an adrift amoeba, into whatever mediocrity the majority is falling into.



The Establishment — comprised of factions of authoritarian groups and regulation-loving hives of mind-numbed robot followers (not individual thinkers) — is everywhere. From the educational system to big pharma to the mega-media complex...

...it's an intricate tapestry of rules, privileges (not "rights") and meddling that is NOT working *FOR* your best interest...especially if you're not part of it.

That subversive bankster and bureaucratic *club* that is becoming harder and harder to defy if you're a sovereign-minded, entrepreneurial-driven person who understands the immense value of self-interest FIRST (more on that [here...](#)).

Nobody really knows for certain who owns and directs this omnipotent *Club*.

Yeah, yeah... okay, sure, we've seen the political thriller movies, watched the X-Files series, and even heard Alex Jones (once or twice). But, for the sake of argument, let's just be real:

It might be fun to throw out a few family last names that start with 'R.' Or, it might be entertaining to read the lore of freemasonry...but, we just have to give the grand puppet master a code name; an urban street name.

One we all know as The Man.

The Man is hard to pindown. He (it) is omnipresent, clandestine... always lurking in the background with one sole objective:

To zap your power like an energy-sucking Vampire.

But, BE WARNED:

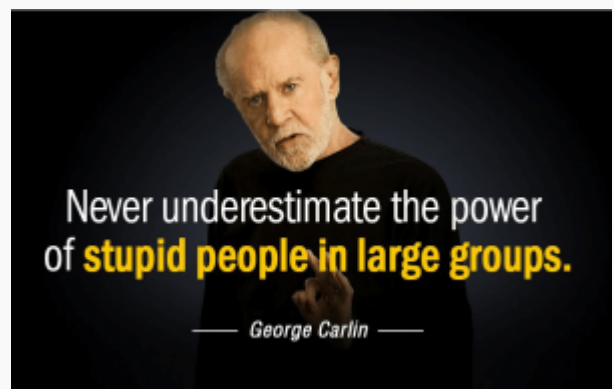
Sometimes The Man can be a cunning little psychopath. He can pretend to be helpful, to guide you, to offer-up a gesture. Such as a bit of honesty about what he sees in his flock of minions (such as the revelation at the very top of this post).

But, when push comes to shove, The Man ultimately wants as many Sheeple as possible to join his *Club* of worker bees. The Man wants you to live like Jim Carrey's character in *The Truman Show* — through controlled routine.

Be on his schedule, get up and clock-in. On his schedule, leave and have just enough energy left to participate in the Electronic Income Reducer (i.e., the "T.V." screen).

Or, as comedian and social critic George Carlin once put it:

"They [The Man] don't want well-informed, well-educated people capable of critical-thinking. They (The Man) wants obedient workers who are just smart enough to run the machines and do the paperwork and just dumb enough to passively accept all these increasingly shittier jobs with the lower pay, the longer hours, the reduced benefits, the end of overtime and the vanishing



pension that disappears the minute you go to collect it.”

So, never being the one to fall into the trap of Victimitis — that mentally-defenseless place where we wither into the helpless belief that life happens TO us — what do we DO about The Man?

How do we reacquaint ourselves to our own Jedi mastery?

So we can use it to.... (in the words of Mark Joyner, of [Simpleology](#) fame)...

- finally create that (*book, album, product, whatever*)
- take off the shackles of debt (*and finally know true freedom*)
- launch the next (*revolution, startup, non-profit*)
- do pretty much any-damn-thing you want

Well, in 2013, one guy — a Winnipeg-based entrepreneur named David Cain — started by simply having an open [Q&A session](#) with The Man. David and The Man discuss income, jobs, debt, the life of a worker under his command. Even rock music.

Maybe, you don't need to go so far to have such an intimate dialogue with your own caricatured version of The Man that might be holding you back.

But, without question, I still will highly encourage you to consider these methods and avenues:

For starters...

#1: Loosen-up Your Screen Time.

Technology, as much of a virtue it is, can also be a debilitating vice. It's what The Man uses as his main platform to distract you.

Have you had a raw, barstool conversation with yourself about how much of your precious

Time you give-up to consumption of idle-content (yes, including sports, news and [NetFlix hours](#)) versus how much you spend ON your creation of things that can produce residual returns for you?



Social media itself, especially Facebook, is one of the most effective ways for The Man to keep you in ‘blue pill consciousness.’ (Note: that’s not a place you want to be).

You’ll be shocked at how effective this avenue is for The Man to affect what you feel, think, even how you behave. Don’t think so? Then, [watch this](#). Yup, the digital-dopamine feedback loop is alive and well.

Your solution? Simple: Be aware (highly-vigilant) of it and, again, find methods to counterbalance it. Hikes in nature, meditation, working out / exercise, reading good fictional short-stories (lately, [James Scott Bell](#) has some of my attention), [road trips](#), weekly “digital detox” meetups with good friends to do nothing but drink coffee and have in-depth conversation about what’s going on in everybody’s life.

These are all ideas that do NOT involve a phone, laptop or living vicariously through characters on “TV.”

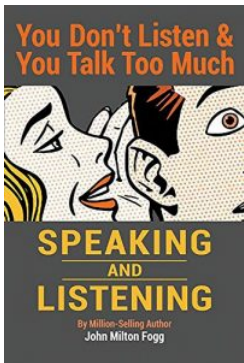
#2: Learn the Art of S.A.T. — Sharing, Asking, Telling.

Enhanced Interpersonal skills are undervalued. And, the acronym above is what I’ve been using for a decade to increase my own. Surely, I pulled this 3-letter thingy out of the nether nether regions of my my head.

And... sure, upon first glance, the Telling part can be construed as directing or commanding. But, I assure you it has a whole other energy behind it.

First, when you’re Sharing, you’re usually in a state of excitement, of impassioned expression about something that affected you in positive way. You want to offer-up your experiences and wisdom to those you care about. When you’re Asking, you’re going beyond ego and pride

to let others know you don't have all the answers. When you're properly Telling, you are really just acknowledging to another person that you've listened to them. That, you understand, heard them and now are telling them what you heard.



As John Milton Fogg would say: “Most people simply Do Not Listen! And the result? We’re *dis*-connected from each other. We struggle and suffer in our Relationships. Too often, we feel empty. Abandoned and alone. And this coin is two-sided. We talk too much. Yup, Me, too. Most conversations are monologues delivered in the presence of a witness.”

On a very related matter, as another John (Gorman) points out in [The Art of Intimacy](#), how far into the ravages of invulnerability will you go in order to live a clinically-connected life?

In other words, that's not a rabbit hole worth going down. Instead, strive for REAL living and personal conversations. And always find a way to [keep your digital business “friends” in-check](#).

#3: Read a Letter From Your Future Self.

Remember, when you envision beyond the limits of your physical world, you're a force to be reckoned with. When you start to study (and, of course, employ) the magic in your imagination (very much like the folks in [these short examples](#)), you become a wizard even Harry Potter would envy.



And if there's any one power that The Man is instantly scared of (the equivalent of my worst nightmare; a clown in a storm drain), it's imagineering; that process of SEEING yourself — and all that you want to have, be, do — differently in the future.

When in deep mental screen-writing mode (you creating the details and specifics for your

future protagonist - YOU), the mind can't distinguish between imagination and reality.

The Man doesn't want you to know this. It's true non-status quo stuff. Which is why M4 brain-trust member, Rob Booker, highly recommends you create and read a letter from your Future Self. For starters, [here's one Rob created that will apply to everyone...](#)

#4: Network & Grow Rich

No matter how much equality-at-all-cost lobbyists, or finger-wagging socialists, yell from the rooftops about what is or isn't fair, here's the raw truth about human connection: We will always be more inclined to join forces with people who have something to offer in kind. Quid Pro Quo always has been (always will be) the fabric of our ability to leverage our time (therefore potential results) through others.



If movers and shakers know you have the drive, heart, and character to help them LEVERAGE their life — in the form of time, money, and resources — they'll be all ears. The trick is to build a network of people who know YOU, from the inside-out.

You can't just collect a list of people your ego feels good about knowing *about* or *of*. In other words, in order to get from where you are... to... where you desire to be, you have to make the art of professional connections a serious discipline.

In a forthcoming [M4 Insider](#) Premium Report, NETWORK and GROW RICH, I will be sharing in detail the methods and techniques I, and others, have used over the years to skyrocket our ability to stay far removed from The Man as possible.

How to invest in people is one very valuable tool-set to have in your personal freedom toolbox.

#5: Have Multiple Cash-Flow Streams and Income-Producing Assets.

By now, you've probably got a whiff of our entire [Mission](#) here at M4 Research. But, if I had to bottle it up in a 7-second blurb, it's this: *We strive to find unique & useful ways to employ our*

money to work FOR us!

You see, the programmed majority of this world think it is normal... that it's just *par for the course* to mostly trade most of their Time for money.

That is basically the 100% antithesis, the complete ass-backwards way of detracting from The Man.

Over the past 4 decades alone, I can loosely remember there being close to 10 studies of millionaires (and billionaires). Excluding those born into inherited wealth (think the Hilton's, Walton's, Kardashian's of the world), nearly 70% of them reported at least three different sources of income.



Most people are either in a just *working-for-the-weekend* mentality, or worse... in survival mode with their sole source of income (think J-O-B). They haven't been taught how to MAKE money outside of the confines of the 9-to-5 rat race.

Or, maybe their take-home pay is so much they really don't need any additional ways to increase their Active-Income efforts, so they just sock-away the excess into index funds and ETFs. Simply being content with passive market results that produce [beta returns](#).

Or, if they do dabble in a weekend business "opportunity" or entrepreneurial endeavor, evidently they come across the holy-grail of money-pursuits: PASSIVE INCOME!

Yup, in big bold, blaring letters, they're told it is to wealth-building what crack-candy is to addicts: *the best*.

But, Brad and I have already talked-thru the peculiarities of striving for "passive income." In this [screencast-chat](#), we show how most people promoting the idea can't even deliver on a legit method for achieving it.

M4 Insider member?: If so, be sure to read Brad's extensive Special Report: [The Three Phases](#)

of Creating Passive Cash-Flow.

#6: Exercise your Right to Legally Minimize Your Taxes.

The most common way for the average citizen to throw money at The Man, like a drunken sailor at a strip joint, is to overpay on their taxes. Are you the one putting dollar bills into The Man's G-string, when you could be investing it for YOUR benefit?



You're already familiar with the phrase, "It's not how much you make; it's how much you keep that counts." So, if you're not already using the U.S. tax code (aka, the IRS's official "playbook") to your advantage, why not?

Maybe you need some legit resources, contacts and technique to KEEP more of your hard-earned money? If so, and if you're a paid-up M4 Insider member, be sure to comb through our [Tax Management & Planning section](#).

Also, if the Renegade Money Guide is already in your M4 products dashboard, I have a screencast walkthrough of a [comprehensive guide to legal tax reduction](#). It shows you simple, no-brainer strategies that could save you tens of thousand of dollars every year.

#7: Be a Polymath

Bill Gates doesn't just see himself as a "software" mogul. But, rather, a scientist too. Elon Musk doesn't solely identify as a "businessman." Instead, he's a combination of engineer, designer... heck, maybe even a little Tony Stark mad-scientist.

"The greatest scientists are artists as well." — Einstein

The same goes for many other self-made success stories — from Oprah Winfrey to Ray Dalio to Larry Page and many many more. They (just as I) approach living as a constant

impassioned quest to learn, grow and develop. Not just in a core discipline, but in offshoot fields of study that can complement and enhance that focused discipline.



I mostly perform as a “information publisher,” but I also am a voracious reader and student of psychology, art, technology, and fiction writing just to name a few.

Contrary to what you’ve been taught growing up, being a master of one thing isn’t the most effective and promising way to leave impact on others. Having “too many interests,” in-depth studies have shown, is actually one of the most predictive ways to break-free from The Man’s massive grip on your lifestyle and livelihood.

As Doug Casey points out in [The One Thing Anybody Can Do To Ignite Wealth](#):

“The only thing that’s permanently secure is what you carry in your head: your attitude, your knowledge, your skills... Take courses and acquire knowledge in other fields, as unrelated to what you are now doing as possible.

“Anything related to science, and particularly, technology would seem especially suitable. Computer science, medicine, mechanics, agriculture, and electronics are all going to remain in demand.”

Without question, being on a constant curious path, a road that leads you to lifelong, self-motivated learning is the greatest factor to stepping outside the box of The Man.

So, maybe you’re asking: “Sounds reasonable, makes sense, Barry. But, how do I best go about being a Polymath?”

Well, the first step is recognizing (not being in denial) that the establishment (led by The Man) started sucking out your innate desire for exploration, imagination and critical-thinking the moment you walked into a pre-school class. The sifting out of your genius brain just got more and more deceptively-quiet and normal the further along in “school” you went.

You most likely grew up with the limited belief that you only needed to know certain state-appointed subjects (and, therefore be graded at a bare minimum) in order to appease The Man.

Because of this method of “mediocritizing the masses,” the true joy and fascination of learning was sapped out of you.

To combat that, we’ll soon be adding two incredible resources into the Renegade Money Guide.



You’ll be taught how to re-learn from the ground-up, including how to use the influx of new knowledge you’ll have to PRODUCE things that’ll dramatically increase your profits and income.

RMG customer? Stay tuned. Not one? Join us [here...](#)

I started this post by basically asking you if you’re stuck. I wanted to know if, more often than not, it seems you’re moving two steps forward, three steps back.

Maybe The Man’s powers of stagecraft and illusion make it *appear* that you’re going somewhere.

But, I would suggest that if you're not breaking through normalcy (i.e., changing up routines, working on replacing bad habits, getting really specific and clear about what wealth & success means to you, etc, etc)... then you're REALLY just sitting still.

I don't want you to just *go through the motions* to earn a living; instead, I want you to design an enriching, fulfilling LIFE *on purpose*.

Within the confines of so many words on ONE post, I only have so many methods and approaches I can offer up. Yet, the seven above I firmly know are a GREAT starting point. Some of my readers undoubtedly know about this wisdom I've imparted. Some don't.

Either way, if we powerful people don't act-on what we say we know... then, in the end, we really *don't know it*.

So, please go forth and APPLY what you've read here. It will mean the world to me (and your family and friends) that you are able to look back on yourself a year from now and NOT recognize who you are.

That will be the telltale test for true transformation!



Barry Goss Managing Editor, M4 Insider

Barry is also the Co-Founder & Publisher of M4 Research.

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